

EQUIPMENT CHECK LIST

Items required at the AIRPORT

- Passport
- Itinerary – Flight Details – Will be distributed the week prior to departure.
- Completed Departure Card
- Check in 3 hours prior to departure
- Photocopy of Credit Card Details. Handed to management at the Airport
- It is mandatory that all members of the team wear the team uniform as outlines in Newsletter 3 for leaving Australia. i.e Tracksuit and Polo Shirt with neat shoes.

Items to be collected by management if required by parents:

- Credit Cards (optional)
- Money (optional)
- Passport (optional)

REPAIR KIT

There will be a team kit which will have resin (epoxy), some carbon fibre, Carbon/Kevlar, fibreglass, Kevlar Seam tape, scissors, a Stanley knife, hacksaw blade, Sandpaper, filler (“knead-it”) for building ends and a grinder. (The resin will be purchased in Europe as it is illegal to carry on the aircraft)

Athletes should take the following items for minor repair.

- Sandpaper
- Masking Tape
- Duct tape
- Electrical tape
- Disposable gloves

EQUIPMENT to bring **Canoeing**

- canoe (+ cover), paddles (+ cover); Take a spare paddle if possible.
 - paddling booties /shoes (must have)
 - spray deck, life jacket & helmet
 - thermal long johns & long sleeve top(s)
 - cag - long and/or short sleeve
 - paddling shorts
 - wet gear bag
 - tie down straps (at least 4). These must be long, the boats and paddles will be tied onto roof racks on the car & Mini Buses. The Boats could be three high so the straps need to be long. You must have your own tie down straps, no one else will provide them for you.
 - beach towel(s)
 - drink bottle
 - sponge
 - training diary
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Other items

- The Team Uniform
- Neat Jeans and shoes; to be worn with the dress shirts at official activities.
- Laundry Marker
- Pillow slip
- mess kit (plate, bowl, cup, knife, fork, spoon)
- 1 x tea towels
- Portable clothes line (Buy the pegs in Europe)
- raincoat
- toiletries bag
- bath towel
- sunscreen
- Camera (optional)
- Medication: typed instructions for administering
- Typed repeat script from your doctor if required

Notes:

1. Remember it is Summer in Europe. Check out the weather at the location we are visiting.
2. Mark all items of clothing including tie down straps with your name.
3. Laundering of your clothes is your responsibility. If you undertake this task regularly in your rooms then it will be manageable. Take a length of nylon line to use as clothes line in your room. Buy some pegs when we arrive in Europe. I will purchase Laundry Detergent as a Team item that we can all share.
4. You have a total of 32Kg for your weight allowance for check-in Luggage. This could be split as:-
 - a. Allocate 20Kg for general packing, it is up to you but be prepared for all weather, don't forget it is summer in Europe
 - b. Allocate 12kg to your boat, paddles plus paddling gear.
5. We have a long stop over in Singapore so it may be a good idea to carry a change of clothes (Shorts, T Shirts) and toiletries and deodorant in your cabin luggage.
6. Remember any excess Luggage of 32kg is your responsibility. You will be charged \$60 per kilogram.