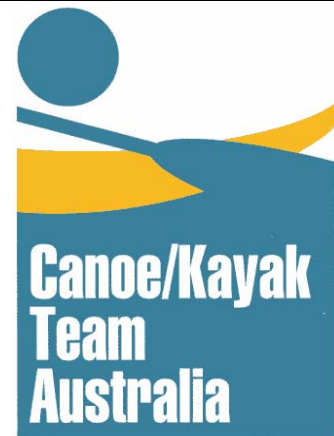

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T O U R N E W S

AUSTRALIA JUNIOR CANOE/KAYAKING SLALOM
TEAM

RE: **Newsletter 1**
To: Selected Athletes, Parents and Support Crew
From: Geoff Jones , Team Manager
Date: Wednesday, 1st March 2006



Tour News

Congratulations on your selection to the Australian Junior Team for 2006 and welcome to the first edition of the "Tour News". It is my intention to provide all shared information through this numbered newsletter. This will enable everyone to keep in touch with the planning details and requirements of them. I would suggest you keep copies of the newsletter in a folder with other information about the tour. ***It is important that athletes respond to requests for information as quickly as possible.***

This experience will be a terrific opportunity to develop your paddling skills with great coaching and varied rivers and artificial courses. Training and appropriate preparation prior to the trip will be vital to make the most of this trip.

Junior Team for ICF Junior World Championships Slalom

Below are the basic contact details for each athlete.

Name	State	Class	Phone	Email
Phillip Mingerulli	VIC	K1	03 94597782	prisoner_09@hotmail.com
Ben Jones	NSW	K1	02 4751 3150	slalom1@tpg.com.au
Phillip Gibbins	VIC	K1	03 9499 6714	stubbie_joe@hotmail.com
Kate Mollison	TAS	K1W	03 6227 9487	kato12@hotmail.com
Rosalyn Lawrence	NSW	K1W	02 6665 3114	rozflop6@hotmail.com
Emmie Barratt	NSW	K1W	02 4739 2140	snoopy_99_2@hotmail.com
Ian Borrows	NSW	C1	02 4739 5110	acv@mountains.net.au
Jonathon Davis	NSW	C1	02 6554 5654	davis-ross@bigpond.com
Richard Merjan	VIC	C1	03 9850 9096	Merjan.susan.j@edumail.vic.gov.au
Karl Hageman	NSW	C2	0247394283	hageman8@ozemail.com.au
Chris Horlyck	NSW	C2	02 47391238	horlyck@bigpond.com
Thomas Greaves	VIC	C2	03 9499 8308	sgreaves@ozemail.com.au
Talis Svarcs	VIC	C2	03 98504840	minivelns@msn.com

Support Team

The following members of the support are in place at present

Geoff Jones	Team Manager	Hme:02 4751 3150 Mbl:0407 700 953	Gjones1@tpg.com.au
Zlatan Ibrahimbegovic	Head Coach		zlatanibrahimbe@hotmail.com
Wayne Thomas	Coach		solutionoz@unwired.com.au
Justin Boocock	Coach		jboocock@fastmail.fm

Indicative Tour Schedule

24/06/2006	Sat	Fly	Zurich	SUI	Travel
25/06/2006	Sun	Drive	Otez	AUT	Drive to Otez - River Paddle
26/06/2006	Mon	Drive	Solkan	SLO	Travel to Solkan Training Afternoon
27/06/2006	Tue	Train	Solkan	SLO	Training
28/06/2006	Wed	Train	Solkan	SLO	Training
29/06/2006	Thu	Train	Solkan	SLO	Training
30/06/2006	Fri	Rec	Bovec	SLO	Recreational
1/07/2006	Sat	Train/Rec	Bovec	SLO	Train-Recreational Paddle
2/07/2006	Sun	Train/Rec	Bovec	SLO	Train-Recreational Paddle
3/07/2006	Mon	Train/Rec	Bovec	SLO	Train-Drive to Solkan
4/07/2006	Tue	Train	Solkan	SLO	Training
5/07/2006	Wed	Train	Solkan	SLO	Training
6/07/2006	Thu	Train	Solkan	SLO	Training
7/07/2006	Fri	Qualify	Solkan	SLO	Junior Worlds – Qualifications
8/07/2006	Sat	Semi	Solkan	SLO	Junior Worlds – Semi Finals
9/07/2006	Sun	Final	Solkan	SLO	Junior Worlds – Finals
10/07/2006	Mon	Drive	Ljubljana	SLO	Rec – Tacen
11/07/2006	Tue	Compete	Ljubljana	SLO	Training – Tacen
12/07/2006	Wed	Drive	Ivrea	ITA	Drive to Ivrea
13/07/2006	Thu	Training	Ivrea	ITA	Training at Ivrea
14/07/2006	Fri	Drive/Train	Ivrea	ITA	Training at Ivrea
15/07/2006	Sat	Comp	Ivrea	ITA	International Class C at Ivrea
16/07/2006	Sun	Comp	Ivrea	ITA	International Class C at Ivrea
17/07/2006	Mon	River	Valstagna	ITA	River Running/Slalom Course
18/07/2006	Tue	Travel	Zurich	SUI	Travel to Zurich
19/07/2006	Wed	Travel	Flight	SUI	Leave Europe Return to AUS
20/07/2006	Thu	Home	Australia	AUS	Arrive Home AUS

The tour schedule is still in planning stages, some minor changes may occur as we move closer to the date. Flights will be arranged over the next week and hopefully will be confirmed by mid March. We are planning to fly with Malaysian Airlines, anticipated departure date is 24th June from Sydney and Melbourne flying to Zurich, the return date from Zurich is 19th July 2006. I am currently organising accommodation for the trip and will inform people when these details have been put in place.

Please inform your school / uni etc as quickly as possible of the dates of the tour so as they can start to make arrangements for you.

Tour Cost

The budget for the tour is still being finalised and the amount of subsidy from Australian Canoeing to be determined. It is anticipated that the cost of the tour will be \$5950, ***this cost could be subject to change depending on finalisation of Australian Canoeing subsidy, flights and freight costs***. Payment will be expected in 4 instalments.

1. An initial payment of \$1,000 will be due on Friday 24th March 2006.
2. The second payment of \$1,000 is due on Friday 14th April 2006.
3. The third payment of \$2000 is due on Friday 12th May 2006
4. The final payment of \$1,950 is due on Friday 9th June 2006
- 5.

Details relating to methods of payment will be forwarded within the week.

Coaching

A very experienced coaching staff has been appointed, their task will be to review your preparation and discuss with your coaches training programs leading up to the tour. The Training camps will be very valuable opportunities for this review to take place. Zlatan Ibrahimbegovic (Head Coach) will be contacting you within the next week with regards to your preparation.

Athletes should inform their coaches of their selection in the junior team and discuss a training schedule leading up to the tour. The schedule should cover fitness, technique and where possible some white-water training and competition.

Preliminary Organisation

- This week you will have receiving an official letter from Australian Canoeing congratulating you on your selection to the team. You will be required to confirm your position in the team in writing by 6th March 2006 to Samantha Hutchins. You may also wish to notify Samantha of your acceptance via email as soon as possible (samantha.hutchins@canoe.org.au).
- If you do not already have a passport then you should start organising this straight away.
- A team uniform will be provided which includes a tracksuit. The items to be supplied as part of the uniform have not been finalised. More information will be forwarded when known.

- It is planned to hold three training camps, all training camps are optional but it is strongly recommended by the team coaches that you attend the training camps as part of your preparation for the Junior Worlds. The dates of the training camps are:-
 - Training Camp 1: Bradys Lake – Tasmania; Wednesday 29th to Sunday 2nd March 2006. This incorporates the senior selection races on the Saturday and Sunday, athletes will be expected to enter the competition. A number of training slots will be organised on the Thursday and Friday for the Junior Team. Water will be on Wednesday. Travel, accommodation and sustenance is the responsibility of the athlete. Most people will be staying at Bronte Park.
 - Training Camp 2: Penrith Whitewater Stadium. This is the Easter weekend; the camp will be from Friday 14th to Monday 17th April 2006. This will be a live-in training camp at Penrith. This incorporates the 3rd and 4th senior selection race on Friday and Saturday; all athletes will be expected to enter the competition. The camp will commence Friday morning and run through till Monday lunch time. Transport from the Airport can be arranged. There will be a cost per athlete to attend the training camp, this will be kept to a minimum.
 - Training Camp 3: Penrith Whitewater Stadium. The weekend of the 13th & 14th of May 2006 incorporates the NSW Canoe Slalom Series on Saturday and Sunday. This will be the last time to meet as a group before leaving for Europe. It will give the coaches some time to review your training programs and make final suggestions prior to the lead up to the Junior Worlds. It is strongly recommended that you attend this weekend.

Travel expenses for the training camps are the responsibility of the athlete. Transport to and from Sydney Airport can be arranged.

- It is planned to send a letter to the school of athletes still attending school, indicating that they have been selected in the Australian Junior Slalom Team and that they will be competing ICF Junior World Championships on the 8th/9th July in Solkan Slovenia.
- Should you have any concerns or issues please don't hesitate to contact me by either email or phone.

Information Required

Please email Geoff Jones with the following information as soon as possible:-

1. Parents details
 - a. Parents Names
 - b. Contact Phone at Home, Work and Mobile
 - c. Parents email address.

2. Passport Details
 - a. Passport Number or an indication that process has commenced to obtain a passport.
 - b. Your full name as listed on your Passport

3. School Details
 - a. Name of School
 - b. Principals Name
 - c. School Address and Postcode

4. Uniform Sizes
 - a. T Shirt Sizes
 - i. Ladies - 8,10,12,14
 - ii. MENS – S, M, L, XL
 - b. Tracksuit Sizes
 - i. XS, S, M, L, XL
 - c. Jacket Sizes
 - i. XS, S, M, L, XL
 - d. Rash Shirt Sizes
 - i. XS, S, M, L, XL
 - e. Men - Shorts (???) Open for discussion (this could be board shorts)
 - i. Waist measurements in cm
 - f. Women Skirts
 - i. 8, 10, 12, 14

5. Intentions of attending Training Camps
 - a. Training Camp 1 – Bradys Lake Tasmania: Yes / No

 - b. Training Camp 2 – Penrith PWS Snr Selection Race 3 &4: Yes / No

 - c. Training Camp 3 – Penrith PWS – NSW Slalom Series : Yes / No

Regards

Geoff Jones
2006 Team Manager